

## **Parenting Apart: Strategies for Effective Co-Parenting**

Parenting Apart: Strategies for Effective Co-Parenting is a 6 hour parenting education program designed for separating or divorcing parents of minor age children. The intent of this program is to provide parents with important information and skills to help their children and themselves negotiate the many difficult family transitions they will experience. Classes are held in Torrington, Vernon, Storrs, Brooklyn, and Norwich. Participants are referred to our parenting class through Connecticut's family court system and by their attorneys.